

**GOOD NIGHT OUT - PRICELESS
COOKING DRUNK
- LIFELESS**

**Don't go to sleep forever.
Don't cook after a drinking session.**



**Smoking and snoozing when you've been boozing
- you might just never wake up.**



**South Wales
Fire and Rescue Service**



**Gwasanaeth Tân ac Achub
De Cymru**

Raising Awareness - Reducing Risk

**NOSWAITH DDA MAS - GWERTH Y BYD
COGINIO'N FEDDW-
- GWERTH EICH BYWYD**

**Peidiwch mynd i gysgu am byth.
Peidiwch â choginio ar ôl noson o yfed.**



**Diffoddwch eich ffags cyn mynd i gysgu -
os ydych eisiau deffro**



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Codi Ymwybyddiaeth - Lleihau Perygl